

Pre-Party Package

Manicure
Pedicure
Under-arm Wax
Eyebrow Shape
Facial

£50

Pampering Package

Massage - 30 minutes
Back or Indian Head Massage
Facial - 30 minutes
Manicure
Pedicure

£60



Indulgence

Business Hours

Flexible hours including some evenings. Appointments only.

Please Note

Missed or cancelled appointments within 24 hours of treatment will incur a 50% charge.



*For Appointments,
'Indulgence' Day Packages
& Gift Vouchers call:*

Mary Scott M.I.C.H.T, BABTAC

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MARY SCOTT
therapies



Holistic
& Beauty therapy

Room for Beauty, Debenham

Relaxation

Mary Scott Therapies

Room for Beauty, Debenham

Visit Mary in her beauty studio with an emphasis on relaxation and friendly, professional pampering by a highly qualified beautician and massage specialist.

Manicure - Using O.P.I Nail Products

Standard Manicure

Inc. Hand/Arm Massage _____ £18

Luxury Manicure

Inc. French Polish, Massage, Masque or Paraffin Wax _____ £23

Shape & Paint _____ £8

Pedicure

Inc. Foot Massage & Exfoliation _____ £20

Hair Removal - Waxing

Half Leg _____ £10

Full Leg _____ £18

Bikini _____ £8

Bikini & Half Leg _____ £15

Lip or Chin _____ £5

Underarm _____ £6

Eye Treatments

- Tinting and Perming, subject to patch testing 24 hours prior to treatment.

Eyelash Tint _____ £10

Eyebrow Tint _____ £5

Eyelash / Brow Tint _____ £12

Eyebrow Shape _____ £6

Eyelash Perming _____ £15

Dermalogica Skin Treatments

Customised to client skin type

Mini Facial

To invigorate and enliven the skin
_____ 30 Minutes £15

Cleansing Facial

Maintain a fresh healthy glowing complexion. Includes face, neck, shoulder & sinus massage.
_____ 60 Minutes £30

Multi Vitamin Facial

A cleansing facial using multi-vitamin products encouraging cell renewal, beneficial to mature skin.
_____ 75 Minutes £35

The Body Treatment

Help to 'rebalance' and stimulate the body to access its 'own healing ability'.
_____ 60 Minutes £40

Men's Skin Care

A deep cleansing facial including exfoliation & hand, foot or shoulder massage.
_____ 45 Minutes £18

Purifying Back Treatment

Treats skin breakout problems and stress.
_____ 30 Minutes £15

Revitalising Foot Treatment

Revitalises and radically soothes and softens the feet.
_____ 20 Minutes £12

Tanning

'Fake Bake' perfect, safe, all-over tan. Exfoliation followed by cream application _____ £30

Hydrotherm Massage

Massage reinvented

A deep, profoundly relaxing and beneficial massage technique, enhancing the effects of treatment into a new dimension - naturally. Experience a wonderful feeling of total revitalisation, regeneration and harmony. Your entire treatment is carried out while you lay face up on warm Hydrotherm water filled cushions, assisting in perfect spinal alignment.

Full Body

Includes Face, Head, Neck, Shoulders & Sinus Massage
_____ 60 Minutes £35
_____ 75 Minutes £40

Back, Neck & Shoulders

_____ 30 Minutes £25

Back, Neck, Shoulders & Legs

_____ 45 Minutes £30

Indian Head Massage

_____ 30 Minutes £25

Agera Anti-Ageing Skin Peels

Agera peels represent a major advancement in the non-invasive treatment of ageing skin, acne and unwanted pigmentation. These unique peels provide visible results without unsightly skin shedding, redness and irritation.

A course of 3 Peels

_____ £120.00

Single Maintenance Peel

_____ £45.00

Pampering